

ACTIVITIES (list additional on back)

YEARS

(band, chorus, sports teams other than hockey, clubs, jobs, work experience, etc.)

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

POSITIONS OF LEADERSHIP HELD

YEARS

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

COMMUNITY RELATED ACTIVITIES (list additional on back) **YEARS**

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____

Please provide a 4 paragraph essay that answers the following:

- 1) What are your short and long term goals for the future? Be as specific as possible.
- 2) Describe your involvement in school and community activities that are not related to hockey, the roles you played in each, and the lessons you learned from them.
- 3) Describe your involvement in hockey, the roles you played in the sport, and the lessons you learned from playing.
- 4) How have the lessons you learned in school/community activities, and hockey prepared you to meet your long and short term goals?